

# Winter Menu



Whenever we are in the Mountains around the world we love the atmosphere, friendly service and superb range of freshly cooked food we find in the restaurants & bars. When we come home we can't find anywhere that gives us the same experience. So we have decided to create some Mountain Hospitality of our own!

Our Chefs fresh cook your dishes using locally sourced ingredients because we know you'll notice the difference and our staff are here to look after you. So if you need anything, just ask!

*The best experiences are always shared*



## STARTERS

CHEF'S FRESH SOUP OF THE DAY served with bloomer bread		<b>£4.75 V</b>
BABY BACK RIBS slowly roasted in a smokey BBQ sauce	Full Rack	<b>£12.75</b>
	Half Rack	<b>£7.25</b>
NACHOS individual unique mountain range style: BBQ chicken <b>or</b> vegetable (V) served with guacamole, salsa & soured cream		<b>£6.00</b>
CHICKEN WINGS twice cooked with teriyaki <b>or</b> sweet chilli & lime		<b>£5.25</b>
♥ MUSHROOM BRUSCHETTA slices of baguette, lightly toasted & topped with wild & farmed mushrooms, garlic & pecorino		<b>£5.50 V</b>
WILD BOAR & RED WINE TERRINE served with balsamic onion confit		<b>£5.75</b>
SALT & PEPPER SQUID dusted with our own secret recipe		<b>£6.00</b>
MUSSELS MARINIERE juicy mussels cooked in garlic, white wine & cream served with bloomer bread		<b>£6.25</b>
GRAVLAX served with a herb vinaigrette & granary bread		<b>£5.75</b>

## SHARING PLATES

great for a starter or anytime

MOUNTAIN RANGE FEAST chicken & vegetable nachos, chilli & lime chicken wings, BBQ ribs, mushroom bruschetta & garlic bread		<b>£13.75</b>
CURED MEAT MEZZE PLATE roasted peppers, olives, sun blushed tomatoes Buffalo Mozzarella, tzatziki, hummus, selection of cured meats & olive oil char grilled baguette.		<b>£16.50</b>
BAKED CAMEMBERT studded with rosemary & garlic served with salad & toasted baguette		<b>£12.00 V</b>
♥ CHEESE FONDUE** a traditional swiss melting pot of Gruyere, Emmental & white wine served with cubes of toasted baguette & salad		<b>£17.50 V</b>

## SALADS

as a starter or main course

	<b>Starter</b>	<b>Main</b>
ROCKIES cos, crispy bacon, shaved Parmesan, croutons, & caesar dressing with your choice of chicken or gravlax	<b>£6.50</b>	<b>£10.75</b>
♥ HIMALAYAS grilled goats cheese & pine nuts set on a fresh mixed salad with a creamy garlic dressing	<b>£6.50</b>	<b>£10.75 V</b>

## WINTER WARMERS

WARMER OF THE DAY please ask your server for today's choice	<b>£9.75</b>
♥ BRAISED PORK GOULASH served with wild & basmati rice shredded spring onions & sour cream.	<b>£9.75</b>
MIXED BEAN CHILLI served with rice, guacamole & sour cream	<b>£9.75 V</b>
BEEF BOURGUIGNON served with mash	<b>£9.75</b>
FISH & SEAFOOD PIE topped with cheddar mash & served with mixed vegetables	<b>£11.25</b>

## FISH & SEAFOOD

- ♥ FRESH FISH OF THE DAY cooked with our chef's imagination **£varies**
- MUSSELS MARINIÈRE juicy mussels cooked in garlic, white wine & cream, served with homemade fries **£11.75**
- FILLET OF GILT HEAD BREAM on sauté potatoes, red pepper stew & lobster oil **£14.75**

## HOMEMADE GOURMET BURGERS *all served with fries & coleslaw*

- ♥ BEEF BURGER or CHICKEN BREAST served in a toasted bap with smoked bacon, grilled flat mushroom, tomato, beetroot, lettuce, red onion mayonnaise & melted Gruyere cheese **£10.95**
- SPICY BEAN BURGER served in a toasted bap with grilled flat mushroom, tomato, beetroot, lettuce, red onion mayonnaise & melted Gruyere cheese **£10.95 V**

## PASTA

- ♥ SPAGHETTI BOLOGNESE with shaved Parmesan **£9.75**
- TAGLIATELLE with chicken, pancetta, mushrooms, garlic, & cream **£10.25**
- CANNELLONI filled with baby spinach, ricotta & mushrooms baked with tomato sauce & topped with béchamel **£9.50 V**

## PIZZA *12" made to order with our fresh dough & baked in our stone based oven*

- ♥ MARGARITA tomatoes, Buffalo Mozzarella & mixed herbs topped with grated Mozzarella **£9.75 V**
- BBQ CHICKEN & SWEET PEPPERS sliced chicken & roasted peppers drizzled with smokey BBQ sauce & topped with grated Mozzarella **£11.50**
- MUSHROOMS, PROSCIUTTO & GARLIC topped with grated Mozzarella **£11.75**
- GRAVLAX & PRAWN sliced gravlax & peeled prawns topped with grated Mozzarella & finished with roquette **£12.75**
- HALF & HALF choose any two pizzas & have them on one **£11.75**

## NIBBLES & SIDE ORDERS

- |                 |              |                                    |              |
|-----------------|--------------|------------------------------------|--------------|
| ♥ OLIVES        | <b>£2.30</b> | NUTS                               | <b>£2.30</b> |
| MIXED SALAD     | <b>£3.30</b> | BREAD WITH BUTTER OR OIL & VINEGAR | <b>£2.30</b> |
| GARLIC BREAD    | <b>£3.30</b> | ♥ GARLIC BREAD WITH CHEESE         | <b>£4.30</b> |
| COLESLAW        | <b>£2.30</b> | NEW POTATOES / MASH                | <b>£2.30</b> |
| HOME MADE FRIES | <b>£2.30</b> | SEASONAL VEGETABLES                | <b>£3.30</b> |
| RICE            | <b>£2.30</b> |                                    |              |

♥ Our Mountain favourites

## HOT ROCKS! \*\*

In the Alps it's called 'Pierrade'

Your choice of meat, fish or vegetables served on a very hot granite stone for you to cook to perfection, just how you like it. You can also pick a rub to flavour your choice while it cooks and a dip to enjoy while you eat! They taste out of this world so give one a try.

BEEF FILLET 8OZ	£19.50	BEEF RUMP 8OZ	£15.50
LAMB RUMP 8OZ	£15.50	PORK MEDALLIONS	£15.50
MONKFISH MEDALLIONS	£15.50	HALOUMI & VEGETABLES	£13.50 V
DUCK BREAST	£15.50		

Can't choose? Try our HOT ROCK SELECT of thin sliced Beef, Pork & Lamb **£17.50**

Rubs: cajun, rosemary & garlic, 5 spice, lemon thyme, ginger & coriander

Dips: pesto, teriyaki, sweet chilli, garlic mayonnaise & BBQ

Served with our home made fries, onions, peppers, mushrooms to sizzle & a rub & 2 dips

## MOUNTAIN SPECIALITIES

- TARTIFLETTE potatoes, cream, bacon & onions baked & topped with Reblochon cheese & served with a green salad **£9.75**
- CHEESE FONDUE\*\* a traditional Swiss melting pot of Gruyere, Emmental & white wine, served with cubes of toasted baguette & salad. Great for sharing **£17.50 V**

## GRILL & STOVE

- 8oz BEEF FILLET STEAK cooked to your liking, centre cut & char grilled with a choice of peppercorn sauce, garlic & herb butter, Roquefort, white wine & cream sauce or plain if you prefer. Served with homemade fries & vegetables. **£21.50**
- PORK SCHNITZEL with cured ham & Emmental cheese, served with fries, roquette & a lightly spiced tomato sauce **£15.50**
- 8oz BEEF RUMP STEAK cooked to your liking, served with mashed potato, wilted spinach & a wild mushroom & Madeira sauce **£16.50**
- ROASTED DUCK BREAST cooked pink, carved & served with new potatoes, buttered fine beans & a port & juniper berry sauce **£16.75**
- BABY BACK RIBS a full rack of our own recipe ribs served with fries, coleslaw & a side salad **£15.25**
- GNOCCHI with sun blushed tomatoes & goats cheese **£9.75 V**
- PLAT DU JOUR please ask your server for today's specials **£varies**

(V) Vegetarian Dishes.

\*\*These dishes involve using hot cooking equipment; children under the age of 14 must be supervised at all times, not recommended for small children

Everyone using the Fondues & Hot Rocks does so at their own risk. All meat weights are approximate uncooked.

Please be aware that our fish and seafood may contain small bones. Some of our dishes may contain nuts; please inform your server if you have any queries

You should also be aware that eating raw & under cooked meats and seafood may be detrimental to your health, & should be avoided

**Our Staff have always received all their tips & gratuities.  
An Optional suggested gratuity is added to tables of 8 persons or more**

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## SUNDAY STOVE

SUNDAY ROAST our freshly cooked & carved joint, served with roast potatoes, seasonal vegetables & all the trimmings **£9.75**

NUT ROAST served with roast potatoes, seasonal vegetables & all the trimmings **£9.75 V**

If you are having our Sunday Roast, why not try our Set Sunday Lunch

2-Course £13.75      3-Course £17.75

Children's Sunday Roast including a soft drink & children's dessert £7.75

Please see our Set Sunday Lunch for further details or ask any of our staff who will help you

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# BREAKFAST! BRUNCH! LUNCH!

## BREAKFASTS

- ♥ MOUNTAIN BREAKFAST pork & leek sausages, two fried eggs, pesto roasted tomato black pudding, crispy bacon, grilled flat mushroom, baked beans, toast & tea or any coffee **£9.75**
- VEGETARIAN BREAKFAST as above but without the meat & served with homemade fries **£7.75 V**
- CHILDREN'S BREAKFAST sausage, bacon, beans, fried egg, toast **£7.75**
- MOUNTAIN BREAKFAST BAP sausage, bacon, flat mushroom, grilled tomato & a fried egg, served in a toasted seeded bap & with homemade fries **£7.50**
- SCRAMBLED EGGS & CRISPY BACON served on buttered toast **£6.50**
- ♥ STEAK & EGGS 4oz sirloin steak, two fried eggs, homemade fries & mixed salad **£8.50**
- TOAST two slices of bloomer with a choice of jams & marmalades **£3.50**
- ♥ PORRIDGE with fruit coulis or honey **£3.75**
- DANISH PASTRY **£2.50**

## OMELETTES

All made with three free range eggs & served with mixed salad or homemade fries or 50/50

- ♥ SIERRA NEVADA potato, mixed peppers & onions **£8.50 V**
- ALPS Gruyere, Emmental & mushrooms **£8.50 V**
- DOLOMITES prosciutto, tomatoes & Mozzarella **£8.50**
- PLAIN served with fries & a side salad **£8.50 V**

## LUNCH HOT ROCK MIX \*\*

- ♥ A selection of thinly sliced beef, lamb & pork served with homemade fries, peppers, onions & mushrooms to sizzle with a rub & two dips **£10.75**

## SANDWICHES

All served with mixed salad or fries or 50/50

COLD - Choose granary, white bloomer, baguette or wrap

GRAVLAX & PRAWN gravlax & peeled prawns bound in a dill & citrus mayonnaise. **£7.50**

HOUMOUS, CARROT & WATERCRESS with sun blush tomatoes **£7.50 V**

- ♥ GRILLED PROSCIUTTO with baby spinach & Emmental cheese **£7.50**

HOT

STEAK BAGUETTE 4oz sirloin steak with horseradish mayonnaise, cos lettuce, tomato & crispy onions, served in a warmed baguette **£7.50**

TUNA MELT tuna mayonnaise served on a toasted baguette, topped with Mozzarella & baked until golden brown **£7.50**

## DESSERTS

freshly prepared by our chefs

 **CHOCOLATE FONDUE £6.50 per person**  
with fresh fruit, marshmallows & waffles to dip  
**minimum two persons**

**MOUNTAIN RANGE BANOFFI £5.25**

**WARM CHOCOLATE BROWNIE £6.25**  
served with white chocolate ice cream

 **MOUNTAIN CHEESE BOARD £6.75**  
three specially selected cheeses served with  
biscuits, grapes, celery & quince paste

**STICKY TOFFEE PUDDING £5.75**  
with toffee sauce & vanilla ice cream

**APPLE & BERRY CRUMBLE £5.75**  
with a vanilla custard

**VANILLA & BUTTERSCOTCH WAFFLE £6.25**

**ICE CREAMS & SORBETS from £3.50**

# SET PRICE LUNCH MENU

Available 11 until 7

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## STARTERS

CHEF'S FRESH SOUP OF THE DAY **V**  
served with crusty bread

CHICKEN WINGS  
teriyaki or chilli & lime

MUSHROOM BRUSCHETTA **V**  
slices of baguette, lightly toasted & topped with wild & farmed mushrooms, garlic & pecorino

WILD BOAR & RED WINE TERRINE  
served with balsamic onion confit

## MAIN COURSES

LUNCHTIME HOT ROCKS  
your choice of Beef, Lamb or Vegetables & Haloumi **V**  
to cook on your own hot granite stone. Served with our homemade fries & vegetables to sizzle  
Choose from dips: pesto, teriyaki, sweet chilli, garlic mayonnaise & BBQ

SPAGHETTI BOLOGNESE  
with shaved Parmesan

CANNELONI **V**  
filled with baby spinach, ricotta & mushrooms baked with tomato sauce & topped with béchamel

BRAISED PORK GOULASH  
with wild rice

HIMALAYAS SALAD **V**  
grilled goats cheese & pine nuts on a bed of mixed salad

## DESSERTS

APPLE & BERRY CRUMBLE

VANILLA & BUTTERSCOTCH WAFFLE

TWO SCOOPS ICE CREAM  
choose two scoops from our Movenpick range

TWO COURSES **£11.25**  
THREE COURSES **£14.50**

# SUNDAY SET LUNCH

Available 11 until 7

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## STARTERS

CHEF'S FRESH SOUP OF THE DAY **V**

served with crusty bread

CHICKEN WINGS

teriyaki or chilli & lime

MUSHROOM BRUSCHETTA **V**

slices of baguette, lightly toasted & topped with wild & farmed mushrooms, garlic & pecorino

WILD BOAR & RED WINE TERRINE

served with balsamic onion confit

## MAIN COURSES

TRADITIONAL SUNDAY ROAST

our freshly cooked & carved joint or NUT ROAST **V**

served with roast potatoes, seasonal vegetables & all the trimmings

LUNCHTIME HOT ROCKS

your choice of Beef, Lamb or Vegetables & Haloumi **V**

to cook on your own hot granite stone. Served with our homemade fries & vegetables to sizzle

Choose from dips: pesto, teriyaki, sweet chilli, garlic mayonnaise & BBQ

SPAGHETTI BOLOGNESE

with shaved Parmesan

CANNELONI **V**

filled with baby spinach, ricotta & mushrooms baked with tomato sauce & topped with béchamel

BRAISED PORK GOULASH

with wild rice

HIMALAYAS SALAD **V**

grilled goats cheese & pine nuts on a bed of mixed salad

## DESSERTS

APPLE & BERRY CRUMBLE

VANILLA & BUTTERSCOTCH WAFFLE

TWO SCOOPS ICE CREAM

choose two scoops from our Movenpick range


TWO COURSES £13.75 | THREE COURSES £17.25 | MAIN COURSE ROAST £9.75

# CHILDREN'S MENU

Includes an activity mat, a soft drink & pudding!

We want you to enjoy your food so our chefs prepare and cook all the dishes just for you.

## MAIN MEALS


FISHCAKE with chips	<b>£7.75</b>
 CHICKEN GOVJONS * with chips	<b>£7.75</b>
PASTA * cheese or tomato sauce	<b>£7.75 V</b>
PIZZA cheese & tomato with chips	<b>£7.75 V</b>
CHEESE BURGER & chips	<b>£7.75</b>
CHICKEN FILLET BURGER & chips	<b>£7.75</b>
SAUSAGES * beans & chips	<b>£7.75</b>

\* These dishes available in smaller portions for under 5's £ 4.50

If you would like a free bowl of salad or vegetables with your meal please just ask & if you don't want chips you can swap them for new potatoes.

 WELL BEHAVED CHILDREN GET A SCOOP OF ICE CREAM, SORBET OR FRESH FRUIT SALAD 

## STARTERS/SIDE DISHES

BREAD & BUTTER	<b>£1.50</b>	 GARLIC BREAD	<b>£1.50</b>
SOUP	<b>£1.50</b>	BBQ NACHOS (CHICKEN OR VEG)	<b>£1.50</b>

## CHILDREN'S DRINKS

JUICES	MILK
CORDIALS	COKE
LEMONADE	

## COFFEE, TEA & LIQUEURS

ESPRESSO	£1.90
DOUBLE ESPRESSO	£2.50
♥ MACCHIATO	£2.05
AMERICANO	£1.90
LATTE	£2.05
CAPPUCCINO	£2.05
LARGE CAPPUCCINO	£3.10
MOCHA CHINO LATTE	£2.50
FILTER (free top ups after meals)	£1.70
♥ HOT CHOCOLATE	£2.35
with marshmallows, cream or both	£2.75

### SPECIALITY TEAS

ENGLISH BREAKFAST TEA	£2.05
DARJEELING EARL GREY	£2.05
MAO FENG GREEN TEA	£2.05
PEPPERMINT LEAVES	£2.05
CHAMOMILE FLOWERS	£2.05

PLEASE ASK FOR OUR COFFEE LIQUEURS **£3.85**

We also have a great range of Ports, Brandies & Liqueurs





[www.MountainRangeRestaurants.com](http://www.MountainRangeRestaurants.com) 